

2024-2025

Annual

Report



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**Brian J. Dunne, President & CEO of
PHSS, was appointed to the Order
of Ontario on June 16, 2025**
Full story on page 10

A Message from the Board Chair and CEO

During the fiscal year ending March 31, 2025, PHSS Support Services had another successful year of providing great care and supports to the people we serve. PHSS continued to learn and innovate, improve our services and supports, and grew our capacity to support and serve more individuals who benefit from the services and supports that PHSS provides.

Again, this year PHSS:

- Increased the number of individuals supported in Eastern and Southwestern Ontario,
- Achieved a balanced budget and met its other obligations to the Province,
- Participated in externally funded academic research and held an Afternoon with Áine event that focused on the integration of health and social care,
- Pursued opportunities to advocate and participate in transforming Ontario's healthcare and supportive care services, and
- Increased the number of staff and enhanced PHSS operational capacity.

At the heart of PHSS is the terrific work and dedication of PHSS' staff, leaders and volunteers who continually improve the quality of care and supports received by the individuals we serve. Your commitment, caring and innovation are key to improving the lives of everyone supported by PHSS.

Thank you to the PHSS Foundation, funders, donors, and partners for your continued support.

We look forward to a year of innovation and growth in PHSS's capacity to care and support people with medical and complex needs in community.



2024-2025 PHSS Board of Directors



Chair
Brian
Orr



Vice-Chair
Catherine
Sexton



Vice-Chair
Margaret
Szilassy



Treasurer
Linda
Coffin



Secretary
Maureen
Reid



Maria
Sinosic



Elizabeth
Wasko



Dianne
Elliott



Donna
Ladouceur



Laurie
Gould



Lisa
Mills



Carol
Perks



Suzanne
McKenna



Cathy
Faulds



Fawaz
Siddiqi



Ex-Officio
Brian
Dunne



Ex-Officio
Marian
Strom

PHSS Foundation Report

As we look back on an incredible fiscal year, I am filled with gratitude for the dedication, generosity, and community spirit that drives our mission forward. From long-standing traditions like the Bowl-A-Thon and Leo Kirwin Memorial Golf Tournament to exciting milestones like the launch of The Ann Cross Creative Arts & Wellness Place, this year has been a celebration of growth and connection. On behalf of the PHSS Foundation Board, thank you for being part of this journey—we can't wait to see what we achieve together next.

-Marian Strom
PHSS Foundation Board Chair

Laudables

April 18, 2024



PHSS Foundation proudly celebrated Yurek Pharmacy & Home Healthcare as the 25th annual Laudable Londoners honouree, recognizing their longstanding commitment to community giving. Held at the London Hunt & Country Club with over 80 guests in attendance, the evening featured heartfelt speeches, a special toast from a person supported by PHSS, and tributes from local leaders. Over \$20,000 was raised in support of PHSS.



Bowl-a-Thon

June 2, 2024

PHSS Foundation's 21st annual Bowl-a-Thon brought together 32 teams for a fun-filled day of bowling, laughter, and community spirit. Friends and family came out in support, collecting pledges and enjoying good food, great company, and plenty of entertainment. With the support from everyone who participated and donated we were able to raise over \$34,000 in support of PHSS.



Leo Kirwin Memorial Golf Tournament

August 16, 2024



The 22nd Annual Leo Kirwin Memorial Golf Tournament brought together over 90 golfers for a day of friendly competition, great food, and community spirit at River Valley Golf Course. Despite a quick rain shower, the sun returned to make for a beautiful day on the greens. With the support of generous golfers, sponsors, and volunteers, the event raised over \$37,000 to support individuals at PHSS, honouring Leo Kirwin's legacy in a truly meaningful way.



O'Brien-Nolan Legacy

The PHSS Foundation is proud to have purchased and renovated a new home, made possible through a transformative legacy gift from Judy and David O'Brien.

Every element of the home was designed with accessibility in mind, from barrier-free entrances and widened doorways to fully accessible bathrooms and safety-focused features. While the home was modernized to meet current standards, the original kitchen was thoughtfully preserved, maintaining a connection to its character and history.

PHSS extends its deepest thanks to David O'Brien for his kindness and commitment to continuing Judy's mission. Through this gift, her legacy lives on, ensuring that individuals with complex care and support needs have the opportunity to live fulfilling lives in their community.





The Ann Cross Creative Arts & Wellness Place

In 2024, PHSS proudly announced plans for The Ann Cross Creative Arts & Wellness Place. Ann Cross's generous donation of this beautiful property is truly inspiring. Nestled on the shores of Lowney Lake near Ottawa, this thoughtfully designed property will offer an inclusive getaway where individuals, their family, and friends can create lasting memories in an environment built for everyone.

The Ann Cross Creative Arts & Wellness Place embodies a future where everyone can share in nature's beauty, find comfort in a welcoming space, and make memories that will last a lifetime. This project wouldn't be possible without the dedication of Mike Theberge and his team, who have generously contributed their time, talent, and resources to turn this vision into reality.

With gratitude to Ann Cross and everyone involved, we look forward to the countless ways this space will bring joy and empowerment to the PHSS community.





Strategy & Policy Committee

The Strategy and Policy Committee's mandate is to ensure that the Board has the capacity, strategy, policies, and processes in place to effectively govern PHSS. Included is the work of the Nomination and Board Succession Subcommittee. Over the past year, the Committee and Subcommittee met nine times and supported the Board and the CEO in the following areas:



Collaborated with the President & CEO to update PHSS' Strategic Directions



The Nomination and Board Succession Subcommittee, led by Linda Coffin, established a process to enhance the recruitment of new directors and community representatives



Continued to review and update several Board policies and the Board Manual



Annual Board assessment



Oversight of PHSS' Innovation and Research initiatives and the Board's focus on Diversity, Equity, and Inclusion



Advised and supported the President & CEO in representing PHSS with various external developments



Oversight of the CEO's performance

Communications & Public Relations Committee



The Communications and Public Relations Committee focuses on enhancing awareness of PHSS as a provider of innovative, person-centred complex care and supports. We also work to position PHSS as a thought leader and research partner.

Our committee leads strategic messaging, public visibility, and internal communications. This year, our efforts aligned closely with PHSS' mission and strategic direction, celebrating the thriving lives of those we support and the dedication of our staff.

2025 Highlights

Social Media Growth

- Instagram and Facebook following grew by 10%
- Most popular content:
 - Accessible Skating Event
 - Tuesday Group visiting London Fire Department
 - Clark Bryan named 2025 Laudable Londoner
 - The Ann Cross Creative Arts & Wellness Place Launch
 - Dr. Aine Carroll's visit to PHSS

LinkedIn Engagement

- Post announcing Brian Dunne's Order of Ontario recognition reached international audiences

Media Coverage

- Dr. Carroll's visit featured in local press and on London Live with Mike Stubbs

Speak Out Quarterly

- Ongoing quarterly publication featuring stories and photos of people supported by PHSS living full lives in their communities

Looking Ahead to 2026

The committee will continue to build on this momentum with a focus on:

- Refreshing PHSS' website, social media, and non-traditional media
- Finalizing a new communications plan
- Expanding storytelling to highlight PHSS supports and research
- Enhancing accessibility and inclusive language
- Boosting external partner and community engagement



The Communications and Public Relations Committee extends sincere thanks to PHSS staff, leadership, community partners, and the individuals supported by PHSS for their stories, contributions, and collaboration throughout the year. The Committee remains dedicated to sharing the voices, values, and vision of PHSS. Our work supports not only awareness but also trust, engagement, and advocacy.



Quality & People Supported Committee

The Quality & People Supported Committee has representation from individuals supported, their families, community members, Board members and senior leadership staff. The Committee is mandated to examine whether PHSS is fulfilling its promises and obligations to individuals receiving the care and supports provided across the full range of PHSS services and supports.

There are three methods through which this is accomplished:

Personal Interviews

Personal interviews are conducted. Committee members are provided with first-hand knowledge about supported individuals, their perception of the quality of service and supports provided, their hopes and dreams, and ensure that person-centered plans are being implemented. Interviews are ongoing to reach as many individuals as the year allows.

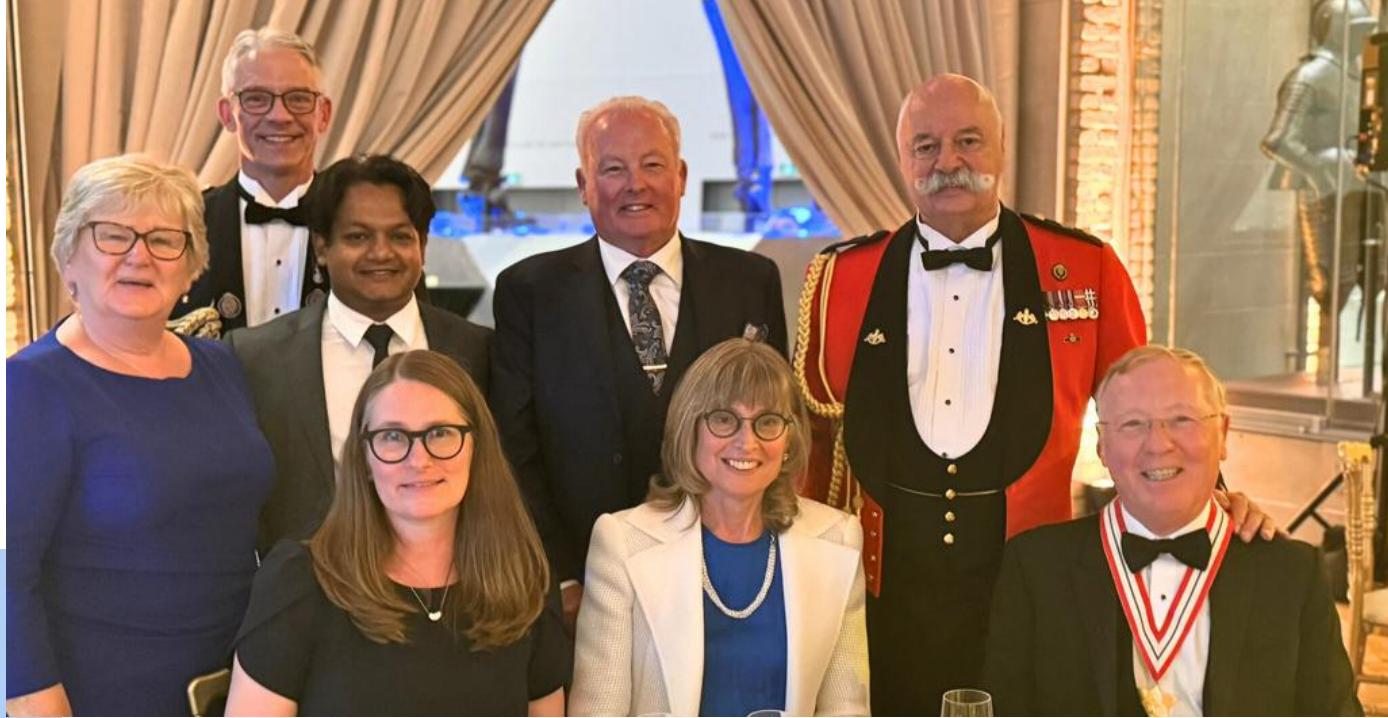
Results

Results of these interviews are compiled to determine trends as well as opportunities for change or improvement. They are used by the Participatory Action Research (PAR) group to be incorporated as part of the Strategic Direction of PHSS.

Cross-Functional Team

The Quality & People Supported Committee (QPS) supports the engagement survey results and direction of this team to enhance the staff experience at PHSS. Focus groups identified the need for action groups such as the Staff Appreciation Team, Engagement and Retention Team, and the Wellness Committee.





Brian Dunne Named to the Order of Ontario

PHSS is proud to share that, in January 2025, our President and CEO, Brian J. Dunne, was named to the Order of Ontario, the province's highest civilian honour. This prestigious recognition celebrates individuals whose exceptional achievements have left a lasting impact on Ontario and beyond.

The announcement was made by the Honourable Edith Dumont, Lieutenant Governor of Ontario and Chancellor of the Order of Ontario. Brian joins a distinguished group of 29 individuals recognized in 2025 for their outstanding contributions to building a stronger, more inclusive province.



"This honour recognizes the advocacy, care, enthusiasm and passion for people that Brian brings to his work each and every day," said Brian Orr, Chair of the PHSS Board of Directors. "On behalf of the people we support, their families, our staff and the Board of Directors, we are grateful for Brian's leadership and congratulate him on being invested into the Order of Ontario."

Since its inception in 1986, more than 900 Ontarians have been invested into the Order. Brian's inclusion in this year's cohort is a testament to his unwavering commitment to community, inclusion, and excellence in the developmental services and health sectors.

Under Brian's leadership, PHSS has become a beacon of innovation and compassion, setting itself apart through a steadfast dedication to person-centred care and support. His work has inspired countless others to strive for excellence and to contribute meaningfully to their communities.

At PHSS, we are committed to creating inclusive communities where individuals with disabilities are not only supported but are also valued, included, and empowered to live full and meaningful lives. Brian's recognition is a reflection of this mission in action.



PHSS Community Champion 2025: Mina Abdelsayed

Each year, PHSS honours someone who has gone above and beyond in their support of our work. This year, we're proud to recognize Mina Abdelsayed, Director of Operations at London Medical Pharmacy, as our 2025 Community Champion.



Mina is someone we've come to count on, not just during times of crisis, but every day. His support has been steady, thoughtful, and full of heart.

During the COVID-19 pandemic, Mina worked tirelessly to make sure PHSS had what we needed to keep people safe. He sourced and delivered personal protective equipment (PPE) during global shortages, often going to great lengths to track down hard-to-find items. When medications were unavailable, he offered to drive between cities to make sure we had them. He even answered calls from PHSS while on his honeymoon in Italy, proofing that **not even romance, pasta, or the Amalfi Coast could interrupt his commitment to community.**

Mina also helped design a medication delivery process that fits the unique needs of PHSS, making day-to-day medication administration easier and safer. Every year, he organizes flu shot clinics for PHSS staff and the people we support, helping protect everyone through flu season.

Beyond his time and expertise, Mina has been incredibly generous. During our holiday wreath fundraiser, he purchased wreaths and donated them back to PHSS homes. He sponsors all of PHSS Foundations signature events and steps in to help with quiet acts of giving whenever there's a need. Mina has also hired a couple people supported by PHSS to be part of the London Medical Pharmacy team, delivering medications across the city.

What stands out most about Mina is his reliability. He's the kind of person who shows up on weekends, after hours, or in emergencies and always brings a calm presence and a solution. He listens closely, adapts quickly, and works alongside us like a true member of the PHSS team.

Mina doesn't just support PHSS, he strengthens it. We're grateful for his partnership, his generosity, and his heart. It's our honour to recognize him as this year's Community Champion.

Thank you Mina!

PHSS Unsung Hero Award 2025

Bliss Kealey

Bliss Kealey exemplifies the heart of PHSS – bringing our values of person-centered care and support, co-creation, innovation, and belonging to life through her every action.

Her work isn't about ticking boxes or filling shifts. It's about creating genuine belonging, sparking joy, and building community in ways that ripple far beyond any one location or role.

Bliss began her journey with PHSS as a part time staff and quickly became a cornerstone of innovation and mentorship at Project Hope. Her vision has never been confined to a single space, it has always extended beyond walls, beyond events, and deep into the community. Her passion led to the creation of meaningful initiatives like the Saturday Hub and Summer Social, offering inclusive experiences for young adults and essential respite for families. Project Hope since evolved into the vibrant Community Connections and Community Place North – hallmarks of person-centered, community-based support.

Bliss has organized cherished events like Paddles in Paint and the Carmell Tait Memorial Walk, as well as accessible and engaging recreational activities like fishing, cooking, baseball, and cricket welcoming participation from across PHSS and the community. She established community partnerships with groups like YMCA, the London Curling Club, a local community garden, and the Ladies Group, with whom she co-hosted a hugely successful Country Hoe Down. In addition, Bliss has led creative fundraising initiatives, from Walmart BBQs to holiday craft and bake sales with proceeds reinvested in enhancing supports and services that are deeply meaningful, inclusive, and aligned with the goals of the individuals we support.

Her creativity knows no bounds. **Honestly, if you gave Bliss a paperclip and five minutes, she'd probably turn it into a fundraiser, a community event, and a friendship circle.**

At the heart of everything Bliss does is a deep commitment to belonging. She makes people feel seen, heard, and valued, whether they're new to the organization or have been part of it for years. Her mentorship creates a culture where people want to stay, grow, and contribute. It's not just the events/activities that are inclusive, it's the spirit she fosters every day.

Bliss embodies the PHSS values of inclusion, innovation, and co-creation in everything she does. Her unwavering dedication has enriched countless lives of individuals supported, their families, and her colleagues.

Bliss doesn't ask for the spotlight. She builds it for others. And that's what makes her our Unsung Hero.



Thank you Bliss!

Advancing Person-Centred Integrated Care & Support on the Global Stage

PHSS at the 24th International Conference on Integrated Care (ICIC 24), Belfast, April 2024

In April 2024, PHSS participated in the 24th International Conference on Integrated Care (ICIC 24), hosted by the International Foundation for Integrated Care (IFIC) at the Belfast Waterfront Hall in Northern Ireland. The conference attracted over 1,100 in-person delegates and an additional 700 virtual delegates from across more than 70 countries, making it one of the most influential global forums on integrated, person-centred health and social care.

Representing PHSS were Brian Dunne, President and CEO, and Donnie Antony, Executive Lead. Their participation marked a significant milestone for PHSS, as the organization's work was featured through four oral presentations developed in partnership with Western University: Schulich School of Medicine & Dentistry and funded by the Canadian Institutes of Health Research (CIHR).



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"It is in the communities that people flourish."

– Irish Proverb

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Academic Presentations

As part of a multi-year research initiative four oral presentations were delivered at ICIC 2024:

1. Person-Centred Plans from the Perspective of Persons-Supported
2. The Implementation of Person-Centred Plans in the Community-Care Sector
3. Supports and Barriers to Person-Centred Planning
4. Goal Setting for Individuals with Intellectual and Developmental Disabilities

The presentations highlighted original research exploring participatory care planning for individuals with intellectual and developmental disabilities, including insights into the lived experience of those supported, the implementation of person-centred plans in community settings, and the barriers and enablers to individualized care and support. The work underscored PHSS's leadership in applying rigorous, equity-driven research to improve outcomes for people with complex needs.

ICIC 24 provided PHSS with a global platform to share its values and strategies for creating holistic, inclusive systems of care and support. The research and stories presented captured international attention and helped build new partnerships with researchers, policymakers, and fellow providers.



Strategic Impact and Global Collaboration

PHSS's presence at ICIC 2024 aligned with the organization's 2024–2027 Strategic Directions, particularly in the areas of:

- Advocacy and Systems Change: Leading conversations that influence policy and equity frameworks in integrated care.
- Best Outcomes for People Supported: Demonstrating how individualized planning leads to improved autonomy, inclusion, and overall wellbeing
- Research and Innovation: Publishing and presenting evidence that reinforces the impact of individualized, community-based planning.
- Global Partnerships: Building connections with international organizations, governments, and research institutions to exchange knowledge and inspire systemic transformation.

It reaffirmed PHSS's role as both a practitioner and a thought leader in integrated care and support, committed to transforming systems through innovation and co-production.

Looking Ahead

PHSS's participation at ICIC 2024 marks a defining moment in its global advocacy efforts. Through the voices of lived experience, research partners, and organizational leaders, PHSS is helping shape a future where all individuals, especially those with complex needs are included, empowered, and supported in the community.

As PHSS looks ahead to ICIC 2025 and beyond, the organization remains dedicated to sharing scalable, a person-centred design that strengthens health equity across systems and geographies.

As PHSS continues to share its learning and scale its impact, the experience and connections built at ICIC 24 will inform future advocacy, research, and system transformation efforts locally, provincially, and globally.



March 2025

PHSS Welcomed Dr. Áine Carroll for a Transformative Conversation on Integrated Care

PHSS was honoured to host Dr. Áine Carroll, Chair of the International Foundation for Integrated Care (IFIC) and Professor of Integrated Care and Improvement at University College Dublin, for a powerful and inspiring event focused on the future of integrated health and social care.

Dr. Carroll, a globally recognized expert in whole system change, visited several PHSS locations, including Community Place North, and delivered the keynote address at our special event, An Afternoon with Áine.

"PHSS is not just delivering care, it is living integrated care," said Dr. Carroll. ***"Ensuring that people with complex medical and developmental needs can live with dignity, independence, and full participation in their communities."***

The afternoon brought together healthcare professionals, researchers, and community leaders to explore how we can better integrate health and social care in community settings. The event was a forum for learning, innovation, and collaboration, designed to spark new ideas and inspire action.

This event was more than a discussion; it was a call to action. Together, we explored how to build inclusive environments where everyone has the opportunity to live full, meaningful, and healthy lives.

We extend our heartfelt thanks to Dr. Carroll and all our speakers for their contributions. PHSS remains committed to advancing integrated care and supports continuing this vital conversation.



Ottawa

PHSS has continued expanding the supports we offer and deepening our roots in the Eastern Ontario-Ottawa community. We are focused on building strong local partnerships and creating opportunities for the individuals we support to be actively engaged in their community. With a commitment to person-centered care and support, we're proud of the meaningful connections being made and the positive impact we're seeing across the region.



Financials

This Treasurer's Report provides a complete narrative of PHSS for the 2024/25 fiscal year.

The Finance Committee, chaired by the Treasurer, plays a vital role in ensuring strong financial governance for PHSS. The Committee provides oversight of the organization's financial systems and practices through regular meetings, reviews of financial reports, audits, and other governance activities.

For the 2024/2025 fiscal year, the organization's financial statements were audited by Graham Scott Enns LLP, Chartered Professional Accountants. The auditors delivered an unqualified opinion, confirming that the financial statements present fairly the financial position of PHSS.

Treasurer's Message

It is an honour to present the financial report for PHSS for the year ending March 31, 2025. As Treasurer, I extend my sincere gratitude to the members of the Finance Committee, the senior leadership team, and the Finance department for their steadfast dedication and expert stewardship throughout the year.

I also want to acknowledge and thank all PHSS staff and management for their hard work and commitment, which contributed to achieving another balanced budget this fiscal year.



-Linda Coffin
Treasurer





Fiscal Year Ending
March 31, 2025

	2025	2024
Revenues	\$	\$
Ministry of Children, Community, and Social Services (MCCSS)	20,608,096	18,841,198
Ministry of Health	14,821,477	14,227,221
You at Home	2,273,420	1,827,648
Recoveries & Other Income	2,913,692	2,242,749
Donations & Grants	150,554	114,618
Total Revenues	40,797,239	37,253,434
Expenditures		
Salaries & Benefits	35,088,914	31,842,034
Building Occupancy	1,940,294	1,854,791
Consumer Supplies	688,928	654,559
Purchased Services	1,700,443	1,552,578
Office and Other Operating	1,302,002	1,216,994
Total Expenditures	40,720,581	37,120,956
Deficiency/Excess of Revenues over Expenditures	46,658	132,478
Growth	9.45%	8.12%
Statement of Financial Position		
Assets		
Current Assets	3,563,981	3,627,560
Restricted Cash	165,859	161,792
Tangible Assets	3,672,172	4,312,540
Total Assets	7,402,012	8,101,892
Liabilities & Net Assets		
Current Liabilities	4,082,093	4,186,006
Long-Term Debt	1,346,901	1,383,160
Forgivable Loan	1,676,505	1,676,505
Deferred Contributions	1,194,349	1,601,160
Total Liabilities	8,299,848	8,846,831
Net Assets	-897,836	-744,939
Total Liabilities & Net Assets	7,402,012	8,101,892



Impact



Funding



Ministry of Children, Community
and Social Services



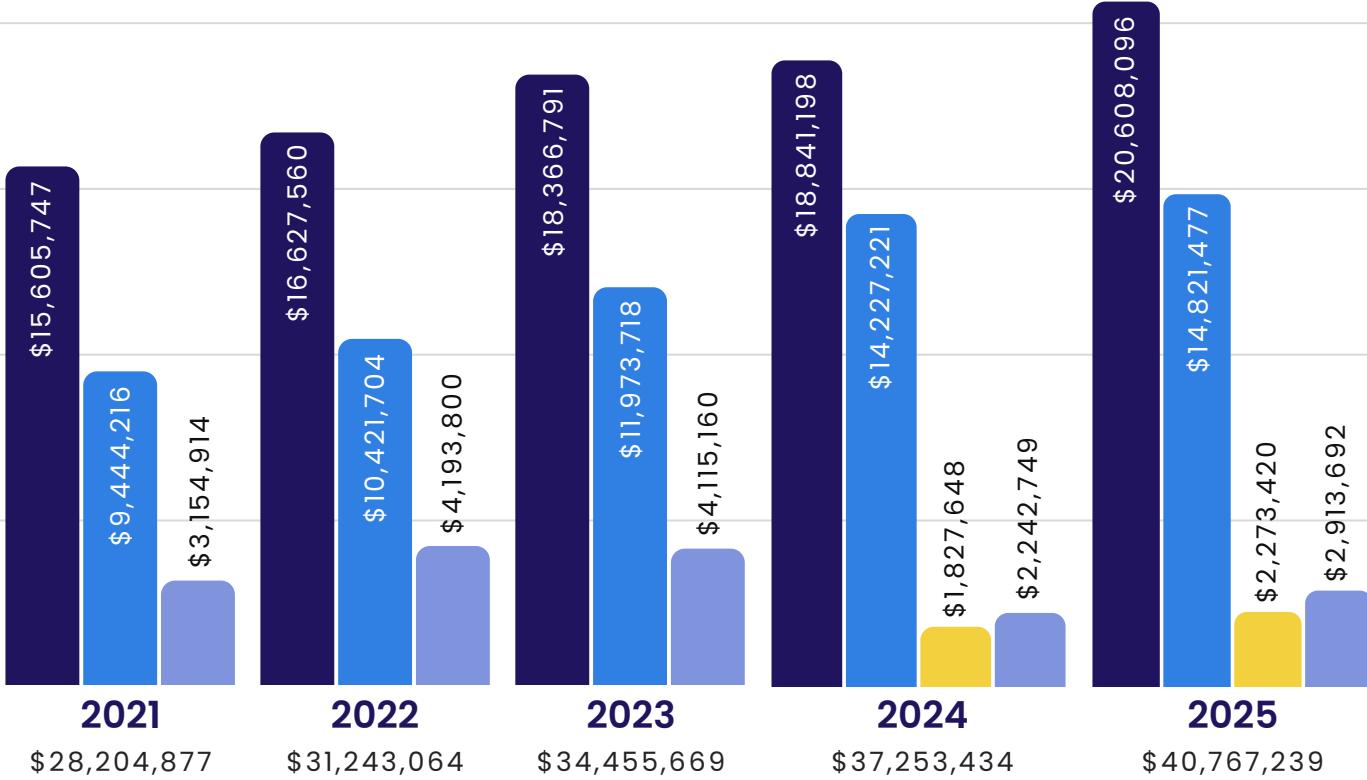
Ministry of Health



Recoveries & other
expenditures



Ontario Health @ Home



2024/2025 Financial Highlights:



Sustained Growth: Operating revenues and expenditures increased by more than 8%, enabling PHSS to expand our services and supports.



Balanced Budget: PHSS reported a balanced financial position for the 2024/2025 fiscal year.



Digital Transformation: The ongoing Digital by Design initiative continues to modernize technology and streamline business processes. This multi-year project supports PHSS's growth across the province and enhances efficiency for both staff and those we support.



Clarke Road Success: Since its inception in 2017, Clarke Road has embodied the PHSS vision of an intentional community. It remains fully occupied and financially sustainable with a balanced budget.



You at Home

Co-Designed Support Where It Matters Most

You at Home was developed as a pilot in 2016 with 5-6 families in London, in response to a growing need for flexible, family-directed support for individuals with complex medical and developmental needs. Co-designed with families, You at Home offered a new model of care and support: one that provided skilled 1:1 staffing in the home and community, based entirely on the preferences, goals, and daily realities of each family.

Over time, the success of the pilot became a movement. You at Home grew to support over 50 families across Southwestern Ontario. It demonstrated that with the right supports, people with complex medical and developmental needs could thrive at home and be fully engaged in their communities while reducing reliance on institutional care.



Current Impact

Today, You at Home is a growing success story. It supports individuals across Southwest Ontario, offering personalized, family-directed care through highly trained staff. You at Home works in close collaboration with Funders/Ministries and integrates scheduling around each family's lifestyle and preferences.

What makes You at Home unique is how it matches staff to each individual and family, building a consistent and dedicated team around the person supported ensuring familiarity, trust, and continuity of care and supports.

You at Home is now an established and growing part of PHSS' supports and services. You at Home continues to operate with a flexible, family-directed approach, offering:

- 1:1 staffing tailored to the individual's needs
- Direct collaboration and codesigning support plans with Families
- Customized scheduling to align with family life and reduce disruptions
- Assistance with day-to-day living, personal care, and community engagement

Demand for You at Home continues to grow, with recent expansions reaching more rural and under-served communities. Feedback from families highlights improved quality of life, reduced caregiver burnout, and stronger trust in the system.



Looking Ahead

As part of our strategic direction to co-create the future, PHSS is committed to expanding You at Home across Ontario. Our future vision includes:

- Regional expansion to address service gaps, especially in rural communities
- Integration with Long Term Ventilation, respite, and transitional care pathways
- Enhanced training and interdisciplinary teams for specialized support
- Technology-enabled solutions to improve access, communication, and care continuity
- Collaboration and partnership across diverse support service systems

Our Commitment

You at Home reflects our belief that everyone deserves to live where they feel most connected with the supports they need, and a life rooted in community. PHSS will continue to champion this design, working with families, funders, and partners to build a more inclusive, responsive, and sustainable system of care and supports.





Celebrating Our Incredible Team Staff Appreciation Week

From September 23rd to 27th, PHSS celebrated our first-ever Staff Appreciation Week, building on the tradition of Staff Appreciation event we host every year and expanding it into a full week of gratitude, fun, and recognition. This year marked the beginning of a new annual tradition dedicated to honouring our incredible team across all locations.

The week was filled with meaningful moments, including location visits from the Executive Team and the ever-popular Rocking Chip Truck. Senior leaders delivered thoughtful gifts, taking the time to recognize the dedication and compassion of each staff member.

At the main office, staff enjoyed a variety of activities, parking lot soccer, a scroll ceremony, and a lighthearted duck hunt that left everyone laughing (and looking for a few missing ducks for months!). The week wrapped up with a community potluck, bringing people together over shared stories and great food.

Throughout the celebrations, we proudly recognized five exceptional staff members and teams with awards, as voted on by their fellow colleagues across the organization. Staff Appreciation Week was a joyful reminder of the strong, connected, and caring culture we continue to build at PHSS, and the remarkable people who make it all possible.

Staff Appreciation Awards:



Night Owl
Margaret McCarty



Mission Impossible
Jessica Blais



Team Spirit
Deveron



The Rookie
Alex Craig



Volunteer
Andy Bowman

Partnerships

Ontario Health Team Partners



FIERCE N FIT BOXING



Our partnership with Fierce n Fit Boxing continues to be a powerful example of inclusive, community-driven collaboration. Every Thursday, people supported by PHSS join in with Fierce n Fit's virtual boxing sessions designed to be adaptive, accessible, and empowering.

In March, we were thrilled to host an in-person session at our Community Place North building, bringing the energy and connection to London. Fierce n Fit creates a space where everyone, regardless of ability, can experience the physical, emotional, and social benefits of movement and connection. We're excited to grow this partnership and explore even more opportunities to bring adaptive boxing to the people we support.





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Donate Today!

Your donation matters!

Our donors help enhance the ability for individuals we support to achieve independence and be part of their communities.

